

BeWELL

Professional Development Training Series

BEYOND BOX-CHECKING:

Intentional Implementation for Change



Carly McCollow, LMSW



15 SEPTEMBER 2023
10:30am - 12:00pm



CARLY McCOLLOW

LMSW (she/her)

Carly McCollow, LMSW (she/her) supports schools and organizations in healing harm and connecting around shared humanity. She coauthors the NJ State Bar Foundation's restorative justice workshops, and facilitates those and other antiracist and trauma-informed workshops in schools and districts across New Jersey. Carly currently coaches and facilitates through her practice Holding Space, provides clinical services through Liberation-Based Therapy, facilitates with Ampersands RJ, and lectures at Yale University.

Common Traps

- Responsive, not proactive
- Regressing to individualism - *“That’s their job”*
- Losing sight of the big picture





Goals

In this session, we will explore this intersection of the personal and professional, identify practical strategies to ensure we're applying the knowledge offered here in our daily lives, and plan how to engage other school stakeholders to undertake these changes.

- To identify multiple sources of motivation to fuel our engagement in equity work throughout this school year
 - To identify holistic and practical methods of integrating this learning into our professional practice
 - To familiarize ourselves with resources that can increase buy-in and action beyond just the school-based mental health team
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Agenda

10:30am-12pm

- Welcome, introduce myself, goals, share agenda ✓
 - Sustaining our motivation
 - Getting real about challenges to implementation
 - Strategy & resource share
 - Q&A (15 min)
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School Psychologist?! What's That?!



Locating Your Motivations



Interview with a

SCHOOL PSYCHOLOGIST

Dr. Charles Barrett, PhD, NCSP & Tiffany Lee (@schoolpsychtiffany)

IT'S ALWAYS ABOUT THE **children**

Drawing on his experience as a school psychologist, *It's Always About The Children* is a window into Charles Barrett's passion for serving students and philosophical orientation to public education. Using anecdotes to illustrate theoretical constructs such as Maslow's Hierarchy of Needs, Bronfenbrenner's Ecological Systems Theory, behavioral consultation, non-discriminatory assessment, social justice, and systems change, this informative narrative is filled with effective strategies for clinical practice. To facilitate personal reflection and small group discussion, questions and Resources for Professional Learning are included at the end of each chapter. An excellent compendium for educators—particularly school psychology graduate students, faculty, and practitioners—this book will encourage and inspire individuals in their service to children, families, schools, and communities.



Charles A. Barrett, PhD, NCSP, is a school psychologist with Loudoun County Public Schools. Additionally, he is an adjunct lecturer at Northern Virginia Community College and in the Graduate School of Education at Howard University. Actively involved with school psychology at the local, state, and national levels, Charles holds several leadership roles and was elected as the Virginia Delegate to the National Association of School Psychologists Leadership Assembly.

After earning a Bachelor of Arts in psychology and English from St. John's University, Charles completed his graduate studies at Lehigh University. Inspired by an unwavering commitment to equity and justice, one of his primary research interests includes critically examining the factors that contribute to the misidentification and overrepresentation of culturally and linguistically diverse students with disorders and educational disability. In September, 2016, Charles received the Virginia Academy of School Psychologists' Best Practices Award (School Psychologist of the Year) in recognition of his service to the Commonwealth's students, families, schools, and communities. Charles and his family reside in Northern Virginia.

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Common Traps



Useful Strategies

Responsive, not proactive

Proactive, universal interventions as part of school culture/safety

Regressing to individualism

“That’s their job”

Shared language & knowledge

Losing sight of the big picture

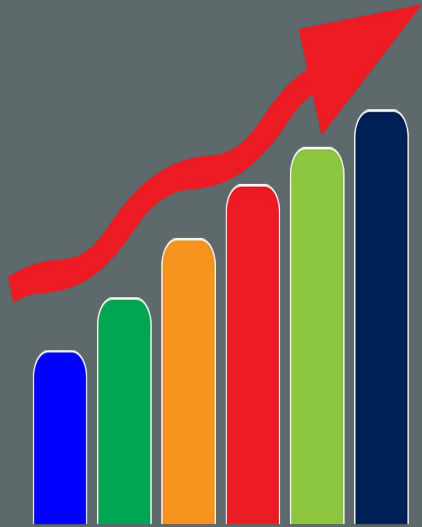
Walk the talk

(micro \longleftrightarrow macro)

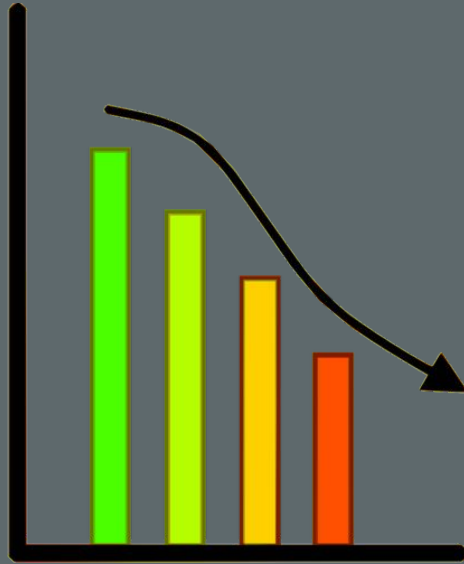
People skills



More of,



Less of, *then* Try new



Practical Implementation

Individual

- Seek out an accountability partner/coach outside of your school/district
 - Another participant from this series!
 - Another student from your program
- Calendar windows of time
 - Journal (5 min)
 - Process Recordings
 - In car at school after parked
 - In car after school before driving
 - In car in car when arrive at home
 - Before/after something you have to do regularly
- Visuals
 - Posters, quotes, books
 - Social media
- Auditory
 - Playlist in office, during commutes
 - Podcasts you listen to on (day of week)'s commute

Collective/Collaborative

- Accountability partner inside school/district
- Adult Equity Councils / Restorative Justice Teams
- School Culture/Climate and Safety Teams
- Staff PD
- Offering opt-in sessions (before school, lunch, after school) around theme

Q & A



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